

Love · Breathe · Patience · Passion · Tenacity · Focus · Dream · Forgive ·

This Too Shall Pass · Attitude · Friends · Family · Hugs · Chocolate · Honesty · Joy · Respect ·

Keep Calm and Carry On · Courage · Dream · Believe · Laugh · Grace · Strength · Kindness ·

# How To Page

To do this week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Buy & send Ben's birthday present	3 <small>Queen's Birthday (WA) Labour Day (NSW/ACT/SA)</small>	4  Lunch with girls	5	6  9:15 Personal training	7  9-9:30 Spelling	8	9
Birthdays	Back to School						Ben's 10th
Emily	Ballet 3:45-4:30	Swimming 4-4:30		Ballet 3:45-4:30			
Georgia	Back to School	Swimming 4-4:30		Ballet 3:30-4:15			
Zoe		Ballet 9-9:30 Swimming 4-4:30	Daycare	Daycare			
Scott				Melbourne	Melbourne		
Dinner	Spaghetti	Tandoori Lamb & Veggies	Syrian Chicken	Salmon & Veggies	Fish & Chips	Hamburgers	Roast Lamb

October 2011

November 2011

M	T	W	T	F	S	S	M	T	W	T	F	S	S
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3	4	5	6	7	8	9	7	8	9	10	11	12	13
10	11	12	13	14	15	16	14	15	16	17	18	19	20
17	18	19	20	21	22	23	21	22	23	24	25	26	27
24	25	26	27	28	29	30	28	29	30				

3 October to

9 October

Plan · Allow · Resilience · Endurance · Encourage · Embrace · Seek ·